

A Special Thank You To:

Access Humboldt

A special thank you to Matt Knight and Juan Carrillo for conducting workshops for our youth and providing technical support. All youth filmmakers had the opportunity to attend free workshops that provided hands on technical training with video equipment and editing software. Two award winning films in the 2016 Directing Change contest were created during these workshops.

United Indian Health Services Teen Advisory Group
Planned Parenthood NorCal Spare Change Peer Education
Program & Theatre Troupe
Eureka Sisters of Perpetual Indulgence
Eureka High School
Ferndale High School
South Fork High School

To learn more about submitting a film to the
Directing Change contest, contact the Humboldt
County Prevention & Early Intervention Program
at (707) 268-2132 www.directingchange.org

If you need immediate help, please call:
Mental Health Crisis Line: 707-445-7715 or 1-888-849-5728
Suicide Prevention Lifeline: 1-800-273-8255
www.suicidepreventionlifeline.org
TEXT: "Help" to 741-741



Red Carpet Event

Celebrating National Children's Mental Health Awareness Day



**Saturday May 7, 2016
6:00 p.m. to 9:00 p.m.**

Presented by

Humboldt County Department of Health & Human Services
Humboldt County Transition Age Youth Collaboration
Humboldt County Suicide Prevention Program
Humboldt County Stigma & Discrimination Reduction Program



ABOUT THE EVENT

Directing Change Youth Film Contest

Directing Change films are 60-second Public Service Announcements created and filmed by youth that address suicide prevention or mental health. Support around the topics of mental health, suicide prevention and filmmaking is offered by local organizers, including a filmmaking workshop. The contest is open to high school students grades 9 to 12 and are entered under the name of one school. Young adults ages 16 to 25 may also enter from any community based organization. For more information, please visit www.directingchange.org

Foster Youth Museum's "Tribute Stories of Foster Youth Tattoos"

Overseen by the California Youth Connection, the Foster Youth Museum is a collection of traveling exhibits that capture different aspects of the experience of California's Foster Youth. Several of the pieces displayed at the event will be of young adults from Humboldt County. To learn more, please visit www.fosteryouthmuseum.org

Children's Mental Health Awareness Day (May 7)

National Children's Mental Health Awareness Day seeks to raise awareness about the importance of children's mental health and to show that positive mental health is essential to a child's healthy development from birth. www.samhsa.gov/children/national-events

May Is Mental Health Month

The Red Carpet Event is just one of several activities focused on raising awareness around mental health during the month of May. Other events include a mental health walk and proclamation to the Humboldt County Board of Supervisors on May 10, a barbecue for the Hope Center on May 20, a free roller skating event on May 14, and several trainings and workshops. For more information, please call Kellie Jack at 441-3783. Calendar of events: www.humboldt.gov/preventsuicide

PROGRAM

Host

Sister Grinnan Bearette..... Eureka Sisters of Perpetual Indulgence

Keynote Address

Calla Peltier-Olson.....National Children's Mental Health Awareness Day
2014 Honoree for Leadership in Peer Support, SAMHSA
2015 Effective Interventions National Correspondent

Foster Youth Museum

Kevin Clark....."Tribute: Stories of Foster Youth Tattoos"

Films from North Coast Youth

"Break the Silence".....Jorge Avilez
"A Day In The Life".....Trinity Williams & Eugene Lowden
"Directing Change".....Taylor Banks, Aaron Thissel, Dondre Prudhomme
"Helping a Friend".....Enrique Lopez
"Just Because".....Charlene, Francis, Keandra, Ryan, Qascheen, Eleni & Nicholas

Presentation from United Indian Health Services (TAG)

"Why It's Important To Talk About Suicide".....presented by Rebecca Lowry

Performances by Planned Parenthood NorCal Spare Change Peer Education Program & Theatre Troupe

"Being an Ally".....written by Cassidy Carolina
"Romeo & Whoever".....written by Hannah LoBue-Deshais & April Abbott
"Rerword It".....written by Devon Walker
"Double Standards Song".....written by Travis Loncaric

Films from North Coast Youth

"Rosa & Her Depression".....Vanessa Frost
"Act of Kindness".....Bruna Tomazelli, Katy Shumard, Sergio Manzo
"Binary Blues".....Elijah Z, Bloo & Luna
5th place in California Youth Group Category: Through The Lens of Culture
"Suicide On Indian Country".....Tristin Severns
3rd place in California Youth Group Category: Through The Lens of Culture
"Real Life Superhero".....Jed Hawkins & Makenzy Williams
1st place in California Youth Group Category: Mental Health Matters